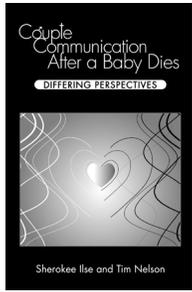


# HOT OFF THE PRESS – *Couple Communication After a Baby Dies: Differing Perspectives*

Sherokee Ilse (author, *Empty Arms*) and Tim Nelson (Author, *A Guide for Fathers*)



\$9.95

This brand new 104 page book offers a unique approach to an important and difficult subject. Sherokee and Tim Nelson teamed up to offer not only their individual perspectives as a man and a woman following the deaths of their children, but also to share how they and their spouses met the challenges couples face. Thoughts from other couples are included and a small section at the back includes thought provoking questions and conversation starters.

The Ilse's and the Nelson's have endured over 20+ years each of the ups, downs, and togetherness since their babies died. They share their intimate journeys and offer support.

## ***What becomes the biggest challenge for bereaved parents after their baby dies?***

Getting along as a couple, making decisions together, and understanding each others' unique and different perspectives. *"Finally, a book for couples...the authors speak from experience, no sugar coating, an honest, and authentic book for bereaved couples. Life, marriage, and relationships are difficult enough under normal circumstances, when a child dies the complexity and conflict of parental feelings are often insurmountable; this book has all the ingredients to help that relationship survive."* Pam Magi RN, Perinatal Bereavement Coordinator since 1988

## ***Do men feel overwhelmed, out of control, and ignored soon after their baby dies? What can they do about it, and how do they work to keep their relationship with their wives strong?***

*"As a father and a husband, men are often overlooked after the loss of a baby. We are often thought of as the ones who must be strong and hide our feelings. This book presents the issues that are seldom talked about-- a father's needs, a husband's needs, and the hardships that can impact a couple's relationship following the loss of a child. This can take a toll on the strongest of marriages and relationships. I appreciated Tim and Sherokee's more than 25 years of experience to help couples through this unthinkable tragedy. It is a must read for any couple suffering through the loss of a son or daughter."*  
Ryan Doherty, Porter Ann's Dad

## ***After some time has passed, how does couple communication change and grow if they don't find outside help? Do old habits continue, and are seeds planted for more problems later on?***

*"Couple Communication After A Baby Dies is a book that is much needed. As I read this book, I found that I could relate to what both Tim and Sherokee thought and felt. Beyond just relating, I learned many powerful lessons in communication. I just wish this book had been around when I was newly bereaved. I see this as a resource that will both bring couples together during a devastating time and also help save marriages."*

Lori Martini, bereaved mother and stillbirth advocate

**The Couples book is \$9.95. Order before Dec. 1, 2008 for \$7.00 each. Quantity discount available.**

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**NEW RELEASE** October 1, 2008  
Revised!! Over 300,000+ copies in print!

**Empty Arms: Coping with Miscarriage, Stillbirth, and  
Infant Death...Surviving the First Hours and Beyond**

Sherokee Ilse

**Empty Arms** was written by bereaved parent, Sherokee Ilse. Her goal was to get this book into every hospital and clinic so parents who were told their baby would die or had died could know what to do next. Now this classic has been revised – keeping what was great while adding updated facts, resources, and the perspective of healing over time.

Every week Sherokee receives letters, emails or calls from parents thanking her for providing such compassionate, loving guidance at an overwhelming and challenging time. At least they made decisions that minimized their regrets, ones that helped them cope and heal over time.

Does your hospital give this book out to parents as soon as they hear the news? Do staff members open it up and encourage families to read the **Decision-making section** immediately so they can be aware of their rights and choices, including the pros and cons?

Read what Parents have to say about **Empty Arms**:

*“I wish the hospital had given **Empty Arms** to read immediately; instead, I finally opened it a month later. If someone had read it to me right then, especially the **Decisions You Might Face Right Away** pages, my regrets would have been so much less. Sherokee’s gentle words and advice could have guided us to make better decisions after Bryce died and would have informed us of options that we didn’t even know about. Her comforting messages touched us, and we felt less alone and crazy during our grief journey.”*

Lori Martini, bereaved mom/stillbirth advocate, [www.healingfromthestart.com](http://www.healingfromthestart.com)

*“Thank you for your lovely book, which we were given before our baby was even delivered. It gave us the courage to make the hard decisions that proved to be the medicine to mend our broken hearts.”* Debbie Crippen, bereaved mother

Read what Caregivers have to say about **Empty Arms**:

*“We have been blessed with this resource for parents experiencing the loss of their baby that addresses all of their concerns from the intimate time before and after delivery. It has provided companionship through the long journey of grief and helped countless parents navigate through pain to healing . Our “Grief Packets” would not be complete without it.”*

Suzanne Helzer RNC & Karen Lee RN Bereavement Services/RTS Coordinators, Banner Desert Medical Center, Mesa , AZ

*“This book was a tremendous inspiration to my patients. I feel you have done a great service to bereaved parents everywhere!”* Dr. Stephen Larson, Ob-Gyn

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