

Babies Remembered

Honoring and Remembering Loved Babies Who Have Died

Kc

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Grief and Workplace After Loss

The workplace and colleagues from work have a significant impact on parents after their baby has died. Does the employer, the supervisor, and the workmates reach out; how is that received by parents? Does this impact the feelings about going back to work? How do parents decide what to do about work – when and if to return, if to return? Learn about the parental/medical leave laws of numerous countries. This issue highlights the dilemma faced by families who have a baby die and offer insights from many of these parents. An exploration of leave benefits by comparing a few countries is included. You will also find some resources to help families experiencing loss – a number of interesting websites and organizations.

Announcing the Launch of A Seeing and Holding Position Statement

Do you wonder how to present babies who have died to moms and dads at the hospital? Do you wish you knew what the literature said and what decades of experiential data states about this issue? Do you wish there was a unified worldwide statement that could help present a standard of care so everyone could be given similar information and guidance while valuing their unique desires and needs? **Well...here it is!** Pages 12-15.

Feel free to copy and use everywhere. **Hospitals will find this very useful for staff and for policy-making.** It is imperative that you agree to not make any changes on this document. Every word was carefully crafted and must be passed on in the exact form as you see it. This statement is supported by the following: **USA: 1st Breath,, Babies Remembered, RTS Bereavement Services, SHARE, Star Legacy Foundation and International Society for the study and prevention of Perinatal and Infant Death (ISPID), Norwegian SIDS and Stillbirth Society, Pregnancy Loss and Infant Death Alliance (Int'l), Sands (NZ), ,Sands (UK), SANDS (Australia), Swedish National Infant Foundation , CiaoLapo Onlus (ITALY), Feileacain (IRELAND), Umaminta (SPAIN)**

INSTANT Ebooks HELP for newly bereaved families

Including Empty Arms, Miscarriage: A Shattered Dream, Planning a Precious Goodbye, Couples Communication, and A Guide for Fathers

Tim Nelson ([A Guide for Fathers](#)) and his business partner Cal deRuyter have once again raised the bar in offering even better access to literature and resources to families experiencing loss.

Check out their newly launched site which already has almost 30 ebooks/booklets for quick, easy access. www.memorEmedia.com

On this site you will find several eBook titles related to infant loss, bedrest, or problem pregnancies. Most of these titles are available in printed form at the parent company, APlaceToRemember.com. However, the growth of eBooks as a convenience, has pointed out a more rapid way to get these vital topics more quickly into the hands of the parents, friends, and caregivers who need them.



Sherokee Ilse: The author of **Empty Arms**, 17 books/pamphlets dealing with grief and loss, and the magazine 'Babies Remembered'. "I have been helping both parents and professionals in the field of stillbirth and infant loss, as well as promoting research on probable causes for stillbirth to save babies lives for over 28 years. I am a bereaved mother, a parent advocate, and a professional author and educator. Feel free to contact me re: speaking engagements, my books, new CDs, the new CEU units for nurses, or other info. www.babiesremembered.org, info@babiesremembered.org or by phone 952-476-1303.

Announcing

The Launch of *Loss Doulas International* – a certifying body for **Baby Loss Doulas** and **Post-Partum Loss Doulas**. We will also train Birth Planners, Peer Support Parents, and Grief in the Workplace Consultants. Check out our new endeavor.



www.LossDoulasInternational.com

Founded by
Sherokee Ilse and Pat Flynn, PhD, of 1st Breath



Visit the website at www.starlegacyfoundation.org and you will find videos and blogs about the recent Stillbirth Summit 2011 held in Mpls, MN, Oct. 6-8.

Here are a few of the highlights we learned of practical things that can be done that may help in prevention of a child's death:

1. Don't let doctors strip membranes to help with labor – Group B Strep and other infections seem to easily cross the sac and can hurt or kill the baby.
2. If there is any change in the baby's movement which concerns mom, health providers should trust mom and she should be told to always go in immediately – it is recommended that she have a non-stress test fetal heart strip of at least ½ hour and ideally an ultrasound.
3. In one study, moms who went to sleep on their left side the night prior to their baby's death were less likely to have a stillborn baby (more work needs to be done, but this does not appear to hurt the baby in most cases, so might be worth doing.)

If the baby dies prior to birth, it is critical to investigate the placenta, the cord, and ideally to take pictures of them and their positioning. Dr. Harvey Klineman (Yale), Dr. Alex Heazel (UK), and Dr. Mana Parast (UCSD) are all willing to receive slides of placenta and cord to investigate potential problems. **To contact them, email: shauna@libsack.com**

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IMPORTANT INFORMATION to PROTECT BABY LOSS PARENTS

Depression (grief mimics it) is a natural reaction to the loss of a child. With a note from your doctor, you are entitled to fill out disability paperwork with your human resource office which will protect you under the Americans with Disability Act. For more info. please visit the following website
http://adaanniversary.org/2011/2011_natl_ada_overview.htm

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\$70 Individual

\$110 Institutional Subscription

* A \$5 processing fee will be added for all Pay Pal and Credit Cards payments.

You may send a check instead (pay the above amounts WITHOUT the processing fee) to:

Wintergreen Press, Inc.

3630 Eileen Street Maple Plain MN 55359

Comments or questions: 952-476-1303 or
info@babiesremembered.org

A Few Facts about Grief and the Impact it has on the Workplace

To read the rest of this 22 page, deeply researched eZine – PLEASE either become an annual subscriber
OR you may purchase this from our Online Store at: <http://www.wintergreenpress.com/magazines.htm>

Wait until you see what you are missing.....

Resources and Ideas

Resources that may help your employee and your team

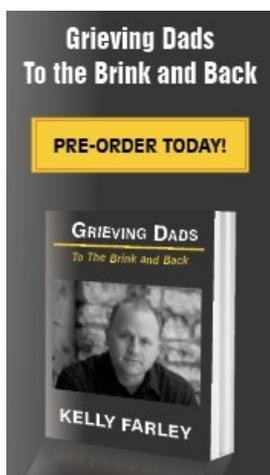
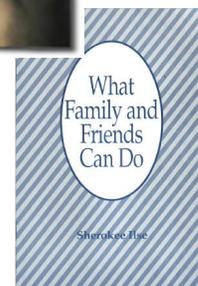
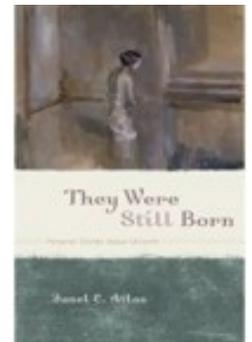
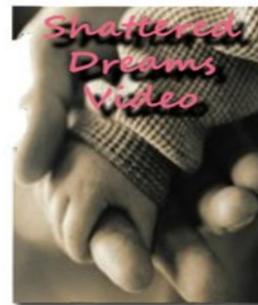
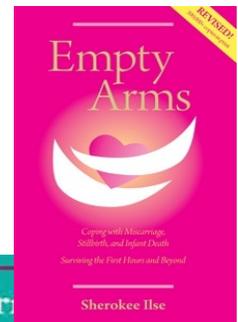
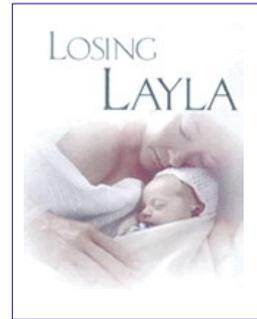
Books--

A Guide for Fathers (after a baby dies), Tim Nelson
Don't Take My Grief Away, Doug Manning
Empty Arms: Coping with Miscarriage, Stillbirth, and Infant Death, Sherokee Ilse
Empty Cradle, Broken Heart, Deborah Davis
Grieving Dads: To the brink and back, Kelly Farley
Miscarriage: A Shattered Dream, Ilse and Burns
Miscarriage: Stories from the Heart, They Were Still Born, Janel Atlas, editor
What Family & Friends Can Do, Ilse

Videos--

Losing Layla (will help you understand the pain and needs of families) Vanessa Gorman
Shattered Dreams: How to help parents after a miscarriage, stillbirth, or infant death including SIDS. Sherokee Ilse download from www.WintergreenPress.com

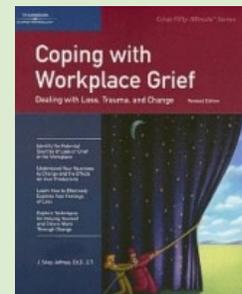
Most titles are available from WintergreenPress.com



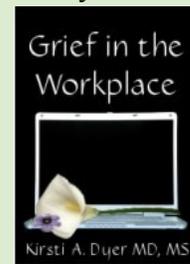
To pre-order the book due out in December 2011--

<http://www.grievingdads.com/pre-order-book/>

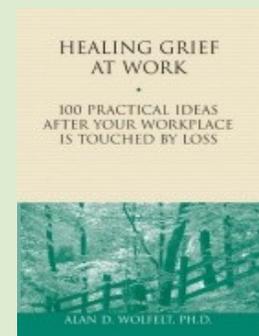
Coping with Workplace Grief - J. Shep Jeffreys



Grief in the Workplace
 Dr. Dyer



Healing Grief at Work - Alan Wolfelt



Upcoming Events

**2012 International Conference on Stillbirth, SIDS,
and Infant Survival (In conjunction with the ISA
and ISPID annual meetings) –**

**October 5-7, 2012,
Baltimore, MD**

**First Baby Loss Doula training TBA
Likely will be in March 2012**

2013 PLIDA Conference, Mpls, (April)

NEW DVD Clinics, Doc's Offices, Hospitals *I Hardly Knew You...What Happens Next?*

This 19 minute *First of a Kind DVD* will help staff and parents slow down the 'Race from Getting the News to Being Induced.' A crisis occurs when a fatal diagnosis is given...then the crisis is compounded by a rush to 'get it over with.' Sadly, this means families have no, or very little, preparation time and they can only operate out of shock and fear.

Families who spend some time at home – have time to let the news sink in, make the calls, pack their bags, and contemplate the many life-altering decisions in a calm environment. It helps when they are given reading materials and others to talk with who can offer gentle guidance and the perspective of longer term, rather than short-term decisions based on fear of the unknown. Sherokee Ilse is joined by Paul and Eileen who have no regrets about their hospital experience because they had the gift of time and a 'Birth Planner' to assist them in knowing what was ahead and helping them pre-plan.

The Introductory offer of \$65 includes both a staff and parent DVD along w/practical handouts.

Order - www.BabiesRemembered.org

Or call for more information 952-476-1303

Shattered Dreams: How Family and Friends Can Help

11 minute Video

This sensitive video featuring Sherokee Ilse, helps family and friends understand what bereaved parents are going through. It offers practical suggestions on what to say and how to help after miscarriage, stillbirth, neonatal and SIDS deaths.

\$9.95 to download once or \$25.00 for DVD plus s/h.
www.HelpWhenABabyDies.com

Introducing BABIES REMEMBERED CONSULTING

Has turnover, retirement, or budget cuts left your perinatal loss program with gaps?

Do you want to analyze your program to find the strengths and areas that need improvement?

Do you wish to take your staff and program to a higher level?

Does staff need training, inspiration, or rejuvenation?

Do you need assessment tools to determine staff competencies?

If possible, do you wish every family could have a unique birth plan before delivering or a palliative care plan if the baby will be in the NICU or may die at home?

Babies Remembered Consulting can help.

Our Consulting Services

- * Professional program review, analysis, assessment, and development,
- * Professional assessment tools and personal one-on-one or team consultation for hospitals, clinics, churches, synagogues, funeral homes, social services, schools, and the workplace,
- * Tailored planning and program development, specific and practical improvements, how to set up a program, one-on-one or team sessions, and online and phone support,
- * Birth planning services directly with parents
- * Grief in the Workplace * one-on-one guidance and team sessions. Phone or in person.
- * Phone or internet consultation
- * Many education programs and conference speakers

Call today for a free consultation about your project, program, or organization.

Our rates are reasonable and our successes are many.

A Special Thank You
To Nneka,
my new Executive Assistant and friend.

Your help with this eZine has been wonderful...and so many projects to come.

All in memory of Nneka's angel baby
Annaya Marie 8/27/10
And all the lovely contributors in this issue.

BABIES REMEMBERED

Written and Designed By: Sherokee Ilse, Editorial Assistant: Nneka Edwards
www.BabiesRemembered.org

952-476-1303

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